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The Utah Statesman

Utah State University • Logan, Utah

Student Advocate VP



- Daryn Frischknecht, 1242
- Joseph Burt, 854
- Michael Brice, 523

Executive VP



- Emily Esplin, 1470
- Casey Saxton, 585
- Josh LeFevre, 517
- Jesse Budd, 234

Service VP



- Kevin Meacham, 1422
- Justin Zizumbo, 696
- Tom Byner, 436

ELECTIONS 2013

President, vice president races thinned to two candidates each

President



- Doug Fiefia, 1515
- Luke Ensign, 702
- Hayden Smith, 293
- Chaise Warr, 284
- Josue Carias, 197

—TAVIN STUCKI graphics

BY TMERA BRADLEY
news senior writer

The ASUSU primary elections are over and two candidates from each division remain in the running. Douglas Fiefia and Luke Ensign are in the final running for student body president. Fiefia is in the lead with 1551 votes, while Ensign has 702. Fiefia had thirty votes deducted from his total in the primaries because of an infraction. "I've had five grievances against me," Fiefia said.

"All of them have been dropped because we've been running a clean and tight ship." The grievances are confidential at this point and have been handled by the hearing board. One of the penalties Fiefia received was removal of the electronic device from his A-frame. Because of problems with the infractions, Fiefia said he wasn't able to find out the primary results until two hours after everyone else. "There was a lot of but-

terflies," Fiefia said. "My heart kind of skipped a beat but I came out on top and was one of the finalists." He said the grievances haven't discouraged his campaigning at all. "I feel that people see things that are new and different and creative. I think people jump to conclusions about us cheating," Fiefia said. "There's always got to be somebody to hate. The Lakers, The Patriots, Utah,

➤See ASUSU, Page 2

Diversity VP



- Sonina Hernandez, 1075
- Blake DeVries, 720
- Adam Addley, 512
- Luis Rodriguez, 274

Athletics VP



- C. Riddle, 1759
- Garrett Schiffman, 776

Programming VP



- Anthony Pratt, 1535
- Thomas Killian Rogers, 1119



Utah State University Confessions
22 hours ago

I take the long way around campus just to avoid the campaigners...

Like · Comment · Share

152 people like this.

View 2 more comments

Smoke as you walk through campus and they won't say anything to you...
21 hours ago via mobile · Like · 4

I guess my headphones weren't big enough, they still tried 😊
17 hours ago · Like

Write a comment...



6 people like this.

I posted this. Hoping to hear from someone soon!
21 hours ago · Like · 2

Write a comment...

Utah State University Confessions
22 hours ago

Has anyone see the track stars ass, it is amazing

Like · Comment · Share

6 people like this.

View 3 more comments

You guys are gay!
3 hours ago via mobile · Like

Thats not how a lady should take a complement
3 hours ago via mobile · Like · 1

Write a comment...

Facebook page under administrative fire

BY JESSICA HINRICHS
staff writer

The USU Confessions Facebook page is causing concern among USU administration. The use of USU trademarked logos and submissions on the page were already concerning to the administration, but Wednesday evening one post triggered an investigation.

The post in question reads, "My friends ran a train on a Kappa Delta. They all took turns while it was dark. I don't think she knows."

The public page was anonymously created Feb. 13 and accumulated more than 2,000 followers. The page facilitates a way for users to submit an anonymous confession and for others to publicly reply. The majority of the confessions involve the topics of dating, sexual promiscuity, drinking, drug use and various illegal activities.

Student conduct officer Krystin Deschamps

➤See CONFESSIONS, Page 3

THE USU CONFESSIONS PAGE highlights anonymously posted confessions by Utah State students. The page has been under inspection because of a few different posts. *CURTIS LUNDSTROM graphic*

Aggie Blue Bikes sees recent spike in university bicycle thefts

BY SETH MERRILL
The Blue Streak

Aggie Blue Bikes is taking measures to prevent bicycle theft on campus. "In the past three to four months we've had more bikes stolen than the entire time this program has been in existence since 2005," said Stephanie Tomlin, program coordinator for Aggie Blue Bikes.

Aggie Blue Bikes is a service at USU allowing students to borrow refurbished bicycles free of charge for three months at a time.

In response to the increase in thefts, Tomlin said Aggie Blue Bikes added policies in January to ensure bicycle safety isn't being neglected. Aggie Blue Bikes now highly recommends borrowers use a U-lock and requires any traditional chain lock used be at least 10 millimeters thick. Aggie Blue Bikes has also increased the replacement cost for lost or stolen bicycles from \$150 to \$250.

"One of the biggest issues is that people don't know how to properly lock their bike," Tomlin said. "You need to

go through your frame, your wheel and then the bike rack. It's really easy to pick a chain lock or cut them with something as simple as basic cable cutters."

Tomlin said many thieves target bicycles left unlocked or unattended for weeks or months at a time.

According to the USU Police Department, there were 63 incidences of bicycle theft in 2011 compared to 29 in 2010. Data from 2012 was not immediately available.

USU police officer Sutton Hanzalik said bicycle theft has increased partially because it has become easier for thieves to sell them online.

"It's becoming harder for pawn shops to want to buy bicycles because of our ability to track serial numbers and models through computer systems, but a thief can easily go on Craigslist or ksl.com and sell a bike to someone," Hanzalik said. "People online often just see a cheap bike as a good deal and won't question it or report it to police."

Hanzalik said campus police does



training each semester during student orientation to help students avoid theft and burglary. The department allows students to register their bicycles for easier retrieval in the event they are lost or stolen.

"Because crime rates in Logan are so low, people often take predators for granted," Hanzalik said. "We as a police

force can't be everywhere, so we heavily rely on citizens to report a lot of crimes. If they see something that just doesn't look right, we need them to call us."

Hanzalik said about 40 to 50 percent of bicycles students report as stolen end up being found on campus.

➤See BIKE, Page 3

LOCKS SECURE BICYCLES

at a bike rack near the Taggart Student Center. Aggie Blue Bikes is experiencing an unusually high number of bikes stolen this year. *CURTIS RIPPLINGER photo*

Kiger hour features Latino voices

BY KATRIEL WILKES
staff writer

Sixty people crowded into a small room in Cafe Sabor Thursday for the Latino Voices Project. Randy Williams, Maria Luisa Spicer-Escalante and Eduardo Ortiz presented their project during one of USU's Kiger Hours to colleagues and project participants. They are in the phase of the project where they collect youth's voices for the archives. They found eight stu-

dents at Mountain Crest High School who were eager to share their stories and experiences as a part of the Latino minority group. "I did to preserve history," said Alejandro Pineda, a sophomore at Mountain Crest High School. "A lot of people had done and I wanted to be part of it." He expressed his wish to go on to college after high school and wants to be an Aggie. His parents were not fluent in English, but they expressed they were proud

of him. The Latino Voices Project mostly consists of oral histories of individuals with a Latin ancestry. They will be housed in Special Collections in the Merrill-Cazier Library as transcriptions in both English and Spanish. Randy Williams is the folklore curator in the library. She noticed a Latin voice was missing in Special Collections when she was moving it to its current location and said it is important because Latinos make up the largest

minority group in Cache Valley. Eduardo Ortiz is a researcher at the Center for Persons with Disabilities on the USU campus. He gave a quick overview of the Latino population growth over the last few decades. "Nearly one in three individuals in the U.S. are of Latin descent," Ortiz said. This is about 53 million people. Ortiz said this number will double by 2060, but said it doesn't reflect the number of

immigrants who do not have a green card or are not U.S. citizens. Cache Valley's Latino population has grown considerably over the last several years. Ortiz said there were about 700 Latinos in the valley in the 1980 census. He said the number had risen to about 5,000 by 2000, with a large percentage of coming from Mexico. "About 20 percent of the babies born in Cache Valley are Hispanic," Ortiz said.

Williams's project was approved and funded by the library. She began to advertise and seek out contributors in 2007. She solicited the help of Ortiz and Maria Luisa Spicer-Escalante, an associate professor of Spanish at USU. They had interviewed and recorded 46 individuals at the end of 2007. After analysis, they noticed several prevalent themes appearing in the histories. "Family plays a large role in their stories," Williams

➤See LATINO, Page 3



AGGIES UTILIZE FIELDHOUSE COURTS to play a game of pickup ball Wednesday. These four enjoy a time free of limited crowds. DELAYNE LOCKE photo

Gym crowds pose threat to students

BY CLAYTON LEUBA
The Blue Streak

Limited space and resources in the George Nelson Fieldhouse have created a crowded environment prone to user injury, some students have said. Mike Ginnetti, supervisor and coordinator of the Fieldhouse, said this time of year is the peak indoor recreation season as students search out a place to remain active and escape the cold weather. Students and various athletic programs at the university use the Fieldhouse. Due to the high demand for use and insufficient resources, specific times are scheduled in which students may do different activities. It is during these allotted times when some parts of the Fieldhouse often become crowded. Joseph Burt, USU men's soccer club captain and student who participates in the Fieldhouse's open-recreation soccer games, finds it difficult to use the building's facilities because of the way they are currently managed. "It is always really crowded on the lower courts," Burt said. "There aren't really a lot of

options for us to play soccer. The Fieldhouse is used for different activities throughout the day so everyone that wants to play has to come all at the same time." Students experience the repercussions of the limited time in which they are allowed to participate in activities, like soccer, in the Fieldhouse. "There are usually way too many players, all with varying levels of ability," Burt said. "There is always a ton of contact with that many people." Abul Giasuddin, a student studying bioengineering, was injured during one such soccer game Feb. 19 when another player missed the ball, kicking Giasuddin's foot and leaving a sprained toe. "The problem is that we have like 40 guys every day playing in a very small space," Giasuddin said. "It is very crowded, which makes it hard to play." To avoid injuries, university employees in the Fieldhouse are responsible for ensuring those using the facilities follow all rules and a safe capacity within different areas of the building is not exceeded. "We take a lot of measures to be sure everyone who uses the

Fieldhouse is kept safe," Ginnetti said. "We do hourly court checks to be sure games don't get bigger than eight-on-eight and we intervene if games get too big." According to students like Burt and Giasuddin, regulation of the activities in the Fieldhouse is not always effective. "As long as we play within the allotted time, they pretty much leave it up to us," Burt said. "Games will go on with too many players until they come over and tell us our time is up." Ginnetti said he hopes the new Aggie Recreation Center, scheduled for completion in the fall of 2015, will provide students with a less-crowded alternative to the Fieldhouse for recreational use. "The new recreation center will be centered around students," Ginnetti said. "Most of the athletic programs will continue using the Fieldhouse and will leave the recreation center open for easier drop-in use by students. Looser scheduling will make it so students can use facilities at different times, which should reduce crowds in both buildings."

- c.m.leuba@gmail.com

ASUSU: Prez, VP, Academic Senate final elections end Thursday

➤From page 1
BYU, everyone's got to hate them. You've just got to put your head down, keep working hard and don't let those things affect you." Ensign said he feels students are beginning to understand his platform more. He said the elections have been difficult for everyone. "At first it's kind of hard. It's kind of like a popularity thing," Ensign said. "I'm hoping now that students are kind of digging deeper into the platforms now. I hope that they'll find I have really good plans for the university. I'm excited." Current Student Body President Christian Thrapp said even with lower enrollment, voting participation is up by about 300 this year. A total of 3,163 students voted in the primary elections, according to the results sheet posted on the SILC office door on the third floor of the Taggart Student Center. Fiefia said even though he is ahead in the primaries, he



LUKE ENSIGN

doesn't want to slow down for the final elections. "I think the only way that the polls are changed here at ASUSU is getting out and working hard, out-campaigning the other person," Fiefia said. "Votes can sway either way. I was up by a bunch but those numbers mean nothing to me. It's zero-zero and we're going to work as hard as we did in the finals as we did in the pri-



DOUG FIEFIA

maries." Ensign said he's tried to be involved with the students through his campaigning. "I'm the kind of candidate that's not going to knock on your door and throw an iPad at you," Ensign said. "I'm going to make sure I understand the student's voice." Ensign said he thinks one of the reasons he made it to

the finals is his passion for the school. "I have really good ideas," Ensign said. "When I get an idea in my brain that I think will actually make a difference, I follow it through. I feel like I would do a really good job as president." All of the campaign experiences have been new and exciting, Ensign said. "Win or lose, I've had those good experiences just talking with people and making friends," Ensign said. "I'm just pushing through with the attitude that we're going to win, and if we don't win, I've made some really good friends along the way. I'm just passionate about it." The final polls close at 3 p.m. Thursday. Winners will be announced at 5 p.m. in the TSC Sunburst Lounge.

- tmera.bradley@aggiemail.usu.edu
Twitter: @tmerabradley

Other Results

- Art: Samuel Louis Wright, 82 votes. Caitlin Willey, 52.**
- CHaSS: Matthew Kelly Anderson, 192. Danielle Manley, 122**
- Eng.: Tucker Smith, 116. London Saxton, 96.**
- Ag: Ashley Lee, 129. Mason Anderson, 70.**



Call or text Larry
@ 435-770-7826

It's OK to live close to campus

In fact, It's GREAT!

- Still only \$600 entire summer!
- Private only \$3570 entire year!
- 1/2 block from USU campus
- Huge bedroom, with bath
- Covered parking
- Washer/Dryer in apartment
- Wireless Internet



CONFESSIONS: USU to investigate rape post

➤From page 1

asked members of the Student Health Services Office, Sexual Assault and Anti-Violence Office and USU Police Department to investigate the post.

“I suspect that 85 percent of these posts are not true at all, but we can’t hear that somebody may have been raped and not do anything about it,” Deschamps said.

Deschamps said the school could be found at fault for such confessions since the page was created using the USU name.

“It’s a violation of federal law if the university knows or should have known about a sexual assault and didn’t do anything about it,” Deschamps said. “The institution could be in serious trouble. We could be investigated by the Committee of Civil Rights and have to pay a lot of money in damages if we were found in violation.”

Student Health Service prevention specialist Ryan Barfuss said the investigation not only brought up concerns

about the declared rape but also the issue of normalizing drugs and alcohol use. He said many posts glorify getting stoned and drunk, especially on USU’s campus.

“It’s maybe 1 percent of students that might be doing that, but all the posts make it seem like everyone is doing it and that worries me,” Barfuss said.

Barfuss said he is also concerned about those “throwing out” names of people they believe wrote the post.

“For example, someone saying, ‘That post is about John Doe,’ but what if it wasn’t John Doe?” Barfuss said. “You have to worry about ruining their reputation.”

SAVVI coordinator Monica Bailey said those who post other people’s names in relation to a confession are not thinking beyond that moment.

“Students need to remember that the things they say, true or false, implicate and can endanger not only the well-being but the professional standing of other people,” Bailey said.

Bailey said in regard to the posting of illegal actions that the page is in the public eye.

“I would caution students that it’s not going to be completely anonymous and it’s not harmless,” Bailey said. “Facebook is not private.”

Barfuss said if someone is going to post, they need to be prepared for the consequences.

“Facebook cooperates with law enforcement, so people have to be worried,” Barfuss said. “You have to be worried about anything you post on the Internet, not just what you post on Facebook. Posts can always be tracked back to your specific computer.”

Deschamps said the goal of the school is not to shut down the page.

“On one hand I feel like it’s college students being college students, I get that,” Deschamps said. “Students want to blow off steam, I get that. I read between the lines I see people who feel isolated. I suspect the intention behind this website is to give people a forum to go to express them-

selves, but what it really is is a hostile environment.”

Barfuss said those who post need to censor what they are putting on the page.

“Some of them are good intentioned and some of them are just crude, rude and just crazy,” Barfuss said. “There are small glimpses of humanity where somebody sticks up for someone, but they’re the minority.”

Barfuss said this kind of an issue has never been dealt with on such a public level before.

“The social media brings us such a new tool to the table,” Barfuss said. “People can use it together or against each other.”

Deschamps hopes the page will run its course without the school needing to get involved any more than it already is. She said the investigation of the rape post will continue.

“I hope and pray it is not true,” Deschamps said. “If it’s something that did happen to her, we will do whatever we can to support her.”

– Jhinrichs2002@gmail.com

LATINO: Local voices speak on American ancestry

➤From page 2

said.

They recently discovered that although they had made significant progress to this addition to Special Collections in the library, they were missing a major piece of the Latino Voice. They were preparing to write an article about the project.

“The youth voice was missing,” Williams said. “We realized we couldn’t write this article without the voice of the youth.”

Spicer-Escalante expressed the characteristics of the Latino population.

“Persistence and sacrifice were required,” she said as she explained some of the struggles of first-generation Latin Americans.

The youths, the second generation, still have those characteristics. Williams, Ortiz and Spicer-Escalante introduced the students they came to know during the interviews. Each one had their own individual story, but like Pineda, they want to go on to receive higher education to grow and make a difference in the world.

“It is so important to collect these perspectives,” Spicer-Escalante said.



FOOD IS SERVED at the Kiger Hour hosted at Cafe Sabor before associate professor Maria Luisa Spicer-Escalante, resarcher Eduardo Ortiz and folklore curator Randy Williams presented their Latino Voices project to colleagues and project participants Thursday. JESSICA FIFE photo

Williams said it took a lot of courage to share such personal stories of hardship and growth.

“These stories are so poignant,” she said.

They want documents like letters and journals to add to

the collection.

Ortiz said the importance of the Latino Voice project is not only important to the posterity of the Latino population in Cache Valley, but their unique perspective will give the entire

population a better understanding.

“This helps us understand the complexity of this world,” he said.

– katrimw@gmail.com

BIKES: Students encouraged to buy better locks, chains

➤From page 1

“Someone is lazy and they see a bike without a lock so they ride it to class and drop it off at another bike rack,” Hanzalik said. “This is filed as wrongful appropriation.”

Tomlin said a worry-free attitude toward locking

bicycles is creating a negative trend.

“The attitude here seems to be, ‘Oh, it’s Logan, my bike’s safe,’” Tomlin said. “Unfortunately, I think some people in Logan and Utah State in particular are realizing that there are a lot of bikes and people aren’t really

locking them up, which makes them really easy to steal.”

Tomlin hopes to secure grants in the future that will allow Aggie Blue Bikes to purchase U-locks for students and sponsor courses on bicycle theft prevention.

“I just present it to people as, ‘How much is your bike

worth to you?’” Tomlin said. “I know we’re college students and it can be hard to pay \$30 for a lock, but if it saves you money down the road, it’s worth that initial investment.”

– seth.merrill@aggiemail.usu.edu

PoliceBlotter

Friday, Feb. 15

• USU Police responded to the Early Childhood Development building on a report of someone entering the playground area and urinating on snowballs. The investigation is continuing.

• Police are investigating a disorderly conduct case that occurred at the Merrill Cazier Library. Apparently a “Harlem Shake” disrupted students and employees.

• USU Police received a report of some writing on the wall outside the Fine Arts Museum. The writing was removed by Facilities.

• USU Police found some images drawn on the wall of the Forage and Range greenhouse wall. Facilities was contaced to have the images removed.

• USU Police responded to a two-car accident with no injuries by the church on Highway 89 near 1200 East. A vehicle

rear-ended another vehicle as it was leaving the lot.

• USU Police contacted a suspicious vehicle in the West Stadium Parking Lot, which was called in by the evening bus driver. The vehicle driver had a learner’s permit and his mother was teaching him how to drive.

Saturday, Feb. 16

• USU Police assisted Logan City Police with an alcohol/assault incident at a frat house near 700 North and 800 East.

• USU Police received a call from an individual who couldn’t remember where they parked. The vehicle was located and officers took the individual to the car.

• USU Police was notified of a female rugby player injured during a game. The patient was transported to Logan Regional Hospital by paramedics.

Contact USU Police at 797-1939 for non-emergencies. Anonymous reporting line: 797-5000 EMERGENCY NUMBER: 911

Tuesday, Feb. 19

• USU Police contacted an individual driving on the sidewalk next to the Spectrum.

Wednesday, Feb. 20

• USU Police received a ring found in the Spectrum after the last basketball game.

• Police received a delayed report of a possible stalking incident between two students.

Thursday, Feb. 21

• USU Police received a third-hand report of a sexual assault that took place off campus.

• An individual located three dead birds near the Engineering Building. Facilities was contacted to remove the birds.

➤Compiled by Tavin Stucki

Briefs

Campus & Community

Beaver throws closing day bash

From 5 p.m. to 9 p.m. Monday, the Beaver Mountain Ski Resort will host its last public ski night of the season. In celebration of a great season this year, skiers and snowboarders will be able to ride the Little Beaver run for the entire evening for \$12.

Equipment rentals will also be discounted for the event with skis costing \$10 and snowboards costing \$12. Lessons will be available for interested first-timers at 5:30 p.m. and 7:00 pm.

ROTC to dine with WWII vets

The USU Army ROTC will be having lunch at the Pioneer Retirement Home at noon with military veterans. At 3:30 there will be a history presentation and a veterans assembly to recognize WWII veterans.

USU Founders Day speaker announced

In advance of Utah State University’s Founders Day celebration and its 125th birthday, a special lecture has been planned by the Friends of Merrill-Cazier Library, an organization that supports and promotes activities throughout USU’s University Libraries division.

The guest speaker for the evening is Robert “Bob” Parson, the university archivist. He presents “A Few Things I’ve Learned while Working in the Archives” Wednesday, March 6, at 7 p.m. in Merrill-Cazier Library, Room 101. The presentation is free and all are invited.

Parson became university archivist in 1991. He said he worries about people finding out what a great job he has because, “there are simply not enough dusty documents to go around.”

Nevertheless, Parson will provide a candid insiders look at the university’s archives while recounting some of the things he’s learned about the university’s history.

In addition to the lecture, the winners of the 2012 Leonard J. Arrington writing awards will be announced.

Global Affairs Committee to show world tastes

The Global Affairs Committee, in conjunction with the Society for International Business and Economic Development will host ‘A Taste Of The World’ on March 5th at 7:30 p.m. The event will be held in the O.C. Tanner Lounge (Business Building 9th floor). ‘A Taste Of The World’ will present an opportunity for Utah State University students an opportunity to ‘taste’ a variety of foods/dishes from numerous cultures from around the world in addition to having an opportunity to meet and network with international and local students.

Those attending will also have a chance to hear about international opportunities by past USU international interns and study abroad participants. The event is open exclusively to all Utah State University students, faculty, staff and employees.

The Global Affairs Committee is a student run organization that attempts to bridge the gap between international and local students by facilitating opportunities and activities in which students can interact with one another, build friendships and connections while fostering an appreciation for different cultures and backgrounds.

ClarifyCorrect

The policy of The Utah Statesman is to correct any error made as soon as possible. If you find something you would like clarified or find in error, please contact the editor at 797-1742, statesman@aggiemail.usu.edu or come in to TSC 105.

➤Compiled from staff and media reports



THE HEALTH ISSUE

Catching some Z z z z z s

Studies say sleep impacts academic performance, social life



ALTHOUGH MANY STUDENTS think they can catch up on sleep during the weekends, new studies find the method ineffective. *MICKELLE YEATES photo illustration*

BY HAILEE HOUSLEY
staff writer

Busy social lives, demanding work schedules, and varying class times often make sleep a low priority for college students.

“I don’t get any sleep,” said Ben Johnson, a junior majoring in Business. “I’ve went to bed at 5:30 a.m. the past two nights.”

According to the Washington Post, sleep can help students who struggle with depression, physical health problems, anxiety and academic problems. The average college student gets just 6.5 hours of sleep at night. Most students don’t have regular sleeping schedules, which can have almost as much impact as the amount of time they sleep.

Focusing on certain parts of life can keep students from getting the sleep they need, Johnson said.

“The way I see it,” Johnson said, “When you’re in college you have three parts of life: studying, social life, and sleeping. You can only do two fully at any given time.”

Sacrifices are often made for the parts of life people feel are most important, like grades, Johnson said.

“If you want good grades and a social life you will have to sacrifice sleep,” Johnson said. “That’s what I do until it’s the last couple days before the

➤See **SLEEP**, Page 5

Student health insurance doesn't have to be confusing

BY STACEY WORSTER
staff writer

Some USU students may not be aware of the health insurance provided by the university and their current health insurance status. Understanding insurance policies can be beneficial for staying financially stable when accidents arise.

Elise Nelson, a sophomore majoring in exercise science, said she knows very little about her insurance coverage.

“All I know is that I am still covered by my parents insurance,” she said. “I don’t really know anything about the policy.”

Noell Hansen, the insurance coordinator and specialist for the Student Health and Wellness Center, said they are not selling their health insurance to students for profit, and the best interest of students is always first priority.

For students who choose to buy insurance from the university, the coverage expands over many areas, she said.

“It is a good policy, very broad spectrum. It covers a lot of things,” Hansen said. “For example, it covers preventative type of care, the day-to-day sore throats and colds, accidents, to more significant types of situations like cancer and heart attack patients, more severe problems that no student plans on coming across.”

Hansen said the university’s goal is provide students with the best option when it comes to insurance.

“I am here as a student advocate. I don’t work for the insurance company, so I am not here to push you one way or another,” Hansen said. “You just have someone here to let you know what your options are and somebody to stand up for you if you’re having a hard time with the insurance. I work as the mediator.”

Hansen said students

being on their parent’s health insurance is not a risky move, but knowing the details of the policy is key to attaining the right plan to fit the right lifestyle.

“It depends on what kind of a policy the student is on,” Hansen said. “I have seen some really good outcomes for some students that are able to stay on their parent’s insurance up until the age of 26 even if they are married. I have also seen students that are on the USU health insurance get just as many benefits. It all just depends on the policy.”

The SHWC is open to all students who are enrolled with at least one credit hour, whether they have insurance through the university or not. The SHWC is open Monday through Friday 8 a.m. to 5 p.m. and is closed weekends and after hours.

For students who have insurance through the university, the policy covers unexpected injuries and illnesses occurring on the weekends or evenings. The policy also has agreements written into it with other physicians in Cache Valley who can take care of more serious problems beyond the SHWC’s capabilities.

Despite this, some students still don’t know about what’s available through USU.

“I haven’t heard much about USU health insurance or the Health and Wellness Center,” Nelson said. “I haven’t had any big issues come up that I needed to go to the doctor for, so it hasn’t been a priority to learn more.”

Although students might not come across accidents, injuries or illnesses often, the future is not predictable and once the patient is treated in the emergency room, the bill starts adding up. Knowing the details of the policy you use is crucial to a financially stable future, Hansen said.

“You can not always



SOME STUDENTS DON’T see a need to get health insurance, but when an unexpected injury occurs, costs can add up quickly. *SAMANTHA BEHL photo illustration*

prevent yourself from injuries or becoming ill, but you can prevent yourself from financial hardship,” Hansen said.

Zach Portman, a second year Ph.D. student in biology, is the senator of the Student Health Advisory Committee. The organization helps students come together and decide what would be best for the student body.

“The main duties of the SHAC are recommending whether or not to increase

the health fee each year, deciding on the details of the next years USU health insurance plan and advising the health center of ways to better serve USU students,” Portman said.

USU graduate students are required to have health insurance. They are automatically enrolled in the USU plan unless they waive it by showing they have equivalent insurance from another provider, Portman said.

“In all honesty, the

insurance plan is not that great,” Portman said. “However, the departments subsidize 80 percent of the cost of the insurance for graduate students who work for them as a T.A., R.A., G.I., etc., so graduate students face the choice to either pay the subsidized amount for crappy insurance or go out and buy insurance individually for a lot more money. Obviously, most students choose the subsidized

insurance.”

The SHWC provides mediators to help students understand their insurance plans and what is available to them.

“The perfect way to title me is almost as a mother figure,” Hansen said. “I can help students understand the policies and help them make the smartest decision. My door is always open.”

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Illness isn't inevitable

Students can avoid sickness by taking simple steps

BY DANIELLE GARCIA
staff writer

It can be hard to walk through campus without hearing the sounds of students coughing, wheezing and blowing their noses.

As much as students attempt to avoid getting sick, many still do. Everyone gets a little under the weather at some point because many students fail to react to several of the key factors of getting sick, according to James Davis, director and physician at the Student Health and Wellness Center.

Davis said the main causes for illnesses amongst college students are large gatherings of people, the use of outdoor transportation, lack of nutrition and hygiene and failure to seek medical attention.

"There are issues in gathering groups of people together under quick and hurried circumstances," Davis said. "People gather together and illness spreads, so college campuses help that process."

Avoiding crowds is a way of preventing illness, but for students it is not always an option due to the nature of a college campus. Kyle Cannon, a junior studying mechanical engineering, said he doesn't do a whole lot to keep from getting sick. "Basically all I try to do is keep my hands clean and keep myself clean and stay away from tons of people, but that is really hard with my classes," Cannon said.

The expectation for students to attend class generates masses of people and germs, and also plays into poor hygiene. College students often fall under time constraints that restrict them from taking proper hygienic measures, Davis said.

"Kids often skip washing their hands or taking a shower to get to class," Davis said.

Davis said pressure to attend class and other events contributes to



DURING COLD WINTER MONTHS viruses spread quickly. Students can avoid sickness by getting sleep, eating correctly and avoiding contact with others who are ill. JESSICA FIFE photo illustration

more than just issues with hygiene — it can also affect sleep and nutrition. He said nutrition is a large factor contributing to health but student don't take it into consideration.

"Students are in a category where they may not be as nutritionally sound as other individuals," Davis said.

Sleep can also be a large part of the health equation for students.

"Not getting enough sleep is tied with not eating right," said Alina Eldredge, a junior majoring in physics. "Both contribute to a healthy immune system."

According to a national study, the average student gets 6.5 hours of sleep a night.

"The body has a way of naturally healing itself and keeping itself healthy, but it needs sleep to do those things and college kids suck at that," Cannon said.

Exposure to the outdoors can also contribute to illness. Although cold weather isn't directly linked to sickness, some studies have found viruses

survive better in dry air and freezing winter temperatures.

Kai Gull, a freshman studying engineering, said in his opinion, the biggest contributor to getting sick is being in the cold without the proper clothing.

"I see a lot of kids wearing shorts and tee-shirts in the winter," Gull said.

Transportation for many students is by bus or walking on foot. Students are exposed to the environment in both cases.

"Sometimes they pack close to a hundred people on the bus and I'm basically hugging five people at once," Cannon said. "It is definitely a place to catch a cold."

The lifestyle of a typical student makes it hard to counter the factors key to getting sick in the first place, but seeking medical attention after getting sick can also affect the severity of the illness, prevent further illness and keep others healthy as well. Most students won't come into the Health and Wellness Center if they

have a cold, Davis said.

"I never go to the doctor, ever," Cannon said. "I try by all means to stay away,"

"From Oct. 2012 to Jan. 2013, 647 students came in to the SHWC with the common cold, but most students don't come in until they get fever, coughing and short of breath," Davis said.

— daniellemgarcia@yahoo.com

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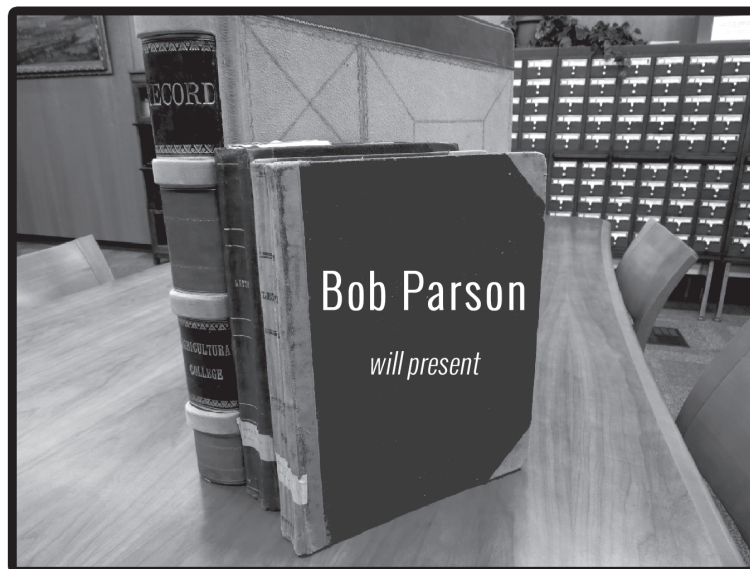
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SLEEP: It's hard to make up sleep

►From page 4

test. Then I don't make any plans at night so I can study all day and night, but still get plenty of sleep."

Although students think they can "catch up" on sleep, research done at the University of Texas Southwestern Medical Centre reports otherwise. The study says sleep can only be recovered by going to bed eight hours before before a person would wake up — not by trying to make it up later. Human bodies run on a circadian cycle, which takes days to re-regulate itself after losing even a single night's sleep.

Torrey Green, a sophomore majoring in journalism, said he easily gets an average of seven hours of sleep a night. To help him fall asleep he listens to music.

"Put on music," Green said. "Nice soothing music."

Green credits his ability to getting enough sleep to being a worry-free, low-stress person.

"I don't stress and worry about the future," Green said, "There's no reason to stress. I'm liv-

ing, I'm breathing, I'm happy, I have life."

Techniques to quickly fall asleep are often used by students, even though it detracts from the quality out of their sleep.

"I like to put on a TV series, and go to sleep with the TV on," said Stephen Anderson, a senior majoring in exercise science. "I wouldn't call it quality, but it puts me to sleep faster."

A study from the National Sleep Foundation shows that looking at brightly lit screens, like on a phone or laptop, can keep students from getting the sleep their bodies need. According to the study, artificial light exposure between dusk and the time people sleep delays the release of certain hormones, making it more difficult to get into a deep sleep.

"I'll look at my social media before I fall asleep, but that's it," said Efrain Carillo, a junior majoring in management, "I think it's easier ... even though I heard it makes it harder."

Anderson said he's beginning to recognize what a big role sleep plays in his life.

"I feel that it is very

important," he said.

"Sleep plays a vital role in good health, and well being throughout your life."

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Health officials fret as hookah use grows

BY KARA ROSE
Capital News Service

University of Maryland student Louie Dane was 18 when he first smoked tobacco with a hookah at a friend's house.

"There's nothing that's not great about it. You get to be with some friends having a good time," he said. "I personally think cigarettes are disgusting ... Hookah doesn't seem as bad ... (because) it's more of a social thing."

What Dane and most other fans of this increasingly popular method of smoking tobacco do not know is that one 25-minute hookah session is equivalent to smoking a pack of cigarettes, health officials said.

"People tend to inhale very deeply when they are using a hookah. They actually, in effect, get 20 times the amount of nicotine then when you smoke a single cigarette," said Donald Shell, who works on tobacco prevention efforts at the state Department of Health and Mental Hygiene.

Hookah — also referred to as a narghile, shisha or waterpipe — allows users to smoke flavored tobacco that is filtered through a liquid, typically water. The tobacco is placed in the bowl of the hookah and heated with a coal. The smoke is then pulled through decorative hoses after first passing through the liquid. The practice originated in

India and the Middle East in the middle of the last millennium and has since found its way into a growing number of college towns in the states.

As more hookah lounges open, health officials said they are worried users do not fully understand the risks associated with the pastime.

Cafe Hookah, which is set to open in College Park, Md., this month, will be the second hookah bar in the city. The cafe's owner, 29-year-old Abid Khan, said he chose to open the establishment because the "niche was available."

"I think that it will be unique in the sense that — aside from making money — it's run by young people that actually care about the students," he said.

Hookah tobacco contains many of the same harmful chemicals found in cigarettes and can cause similar long-term health effects, such as mouth cancer, lung cancer and cancer of the trachea, Shell said.

"Hookahs are flavored and put in a nice setting when you are sitting and relaxing ... But that kind of socially attractive setting is really the vehicle for delivering a really potent dose of tobacco and carbon monoxide and other chemicals, too," Shell said.

"There is no safe level of tobacco to consume," Shell said. "If you find that once you start



AMMAR ZIRLI PUFFS on a hookah along with friends Yussef Assaf and Hassan Soueid while sitting at Off The Hookah at Las Olas Riverfront, in Fort Lauderdale, Fla. *MCT photo*

smoking hookah and you feel like you have to go back, that's kind of a red flag."

Matthieu Drotar, 20, said he first smoked hookah when he was 17. He now smokes hookah once every two or three weeks near the University of Maryland.

"People like to try new exotic things, and the hookah bars try to recreate the feeling of being in Lebanon, or somewhere else," Drotar said. "I don't know any-

where outside of a (hookah bar) that you can get that experience." Despite knowing some of the health risks associated with smoking hookah, Drotar said he was not worried.

"If I were smoking every day I would be concerned about it," he said.

Isabel Slettebak, a 21-year-old student at the University of Maryland School of Nursing in Baltimore City, said she smoked

hookah for the first — and last — time when she was 20.

"I guess I decided to do it 'cause I was over 18 and I could. It seemed like a cool, older thing to try out," she said.

"The place, it was way too smoky for me. After sitting for a while, it felt like I wasn't getting enough air. Then I tried smoking the hookah and it just felt like I had drank a cup of ashes," she said.

'You're never too young': Woman fighting breast cancer reaches out

BY PATRICIA MONTEMURRI
Detroit Free Press

DETROIT — More than 2.5 million Americans are breast cancer survivors. Meghan Malley, 29, a physical therapist from Berkley, Mich., wants her name on that list.

She's networking, rallying and blogging publicly about her disease to bring attention to the times when breast cancer isn't a lump. For about 5 percent to 10 percent of breast cancers, the warning signs may be a change in the feel of the breast or breast skin that becomes dimpled, puckered or reddened.

"I want women to know that breast cancer doesn't always begin with a lump," said Malley, whose hair has grown back pixie-cut after chemotherapy. "I want people to be aware that unfortunately you're never too young to get breast cancer."

During a monthly self-breast exam in January 2010, Malley sensed something different about her right breast. She had experienced some jolts of pain in the breast, and felt a denseness, almost a change in its weight. After an ultrasound and mammogram, doctors said she had fibrocystic breasts, which can make breasts painful and lumpy in response to women's changing hormones, but isn't cancerous.

A little over a year later, Malley was undergoing fertility treatments. She still was concerned about the changes she felt in her right breast and pressed her doctor for additional testing. She had an ultrasound,



MEGHAN MALLEY HUGS friend Kyle Dorcey at a cancer group fundraiser in Royal Oa, Michigan, on Sept. 27, 2011. She was diagnosed with breast cancer at 29 and has recently finished a five-month round of chemotherapy. She is starting a support group for young adults with cancer. *MCT photo*

which showed distinct changes, but doctors thought it might be related to the hormones she was receiving for fertility treatments. But to be sure, she underwent a biopsy.

On March 23 — two days after her 29th birthday — she learned that she had invasive lobular breast cancer, which occurs in about 5 percent of breast cancer patients. She started chemotherapy one day after she learned additional tests had detected cancerous spots on her spine, making it a Stage

4 — the deadliest of cancer diagnoses.

"There's a lot of misconceptions about metastatic disease. They look at you like you're going to die any day," said Malley. "And although it's scary, I feel that with more research and more funding, we can live a long time and live very fulfilling lives."

Invasive lobular breast cancer forms in the milk-producing glands and causes an area of thickening in parts of the breasts, or sensations of fullness or swelling. It may also make the skin over the breast dimple or thicken.

Malley's oncologist, Dr. Lawrence Flaherty of the Karmanos Cancer Institute, describes lobular breast cancer by likening breast tissue to spaghetti.

"Most breast cancers are like a meatball in a bowl of spaghetti, so they're easy to find," said Flaherty. "Her particular type is more like a glob of meat sauce in a bowl of spaghetti."

Malley will have a double mastectomy at Beaumont Hospital in Royal Oak, Mich., later this month after undergoing 15 rounds of chemotherapy to shrink the cancer in her right breast and take out the spots on her spine.

The survival rate for women diagnosed with Stage 4 breast cancer is about 23 percent after five years.

"She's gotten an excellent response in her treatment and her cancer is in remission," said Flaherty. "And based on that, her outlook is certainly a more favorable one. I have people in my practice who are five and 10 years and more years out with that stage of the disease."

Flaherty says Malley may be a candidate for clinical trials of new drugs down the road. In 2010, about 27 percent of breast cancer patients at Karmanos participated in some 30 clinical trials involving drugs and other research.

"We try to steer people into getting those opportunities when it makes good sense to do that in their care," he said.

Malley has chosen to undergo a double-mastectomy and reconstruction, a choice she elected although no cancer has been found in her left breast. She will take tamoxifen, a drug that inhibits

estrogen's impact on breast tissue, for at least the next five years.

"For my own peace of mind, I wanted them gone. It was a very, very personal decision," said Malley, acknowledging that other women in her position might choose otherwise. "Many women could do the chemo, the radiation and the hormone therapy and see what happens. For me, I just wanted the original site gone."

Because medical protocol doesn't require regular screenings of young women for breast cancer, delays in diagnosing can be a problem. Some medical providers may brush away patients' concerns about breast cancer because of their youth. Also, it is more difficult to detect abnormalities in the breasts of younger women because their tissue is denser.

From an early age, Malley began self exams. When she was 21, her gynecologist felt a lump in Malley's right breast during an annual exam. A biopsy revealed that it was a benign cyst. Doctors said she didn't need to have it removed, but Malley opted to have it surgically excised.

Malley, fit and lithe, was a regular runner before her illness, took yoga classes and did weight-training. She hopes to resume regular exercise, but needs to be vigilant about what kind of pressure she puts on her spine, as it heals.

"Being a physical therapist, I know how to modify things for exercises to be safe for my own back," said Malley. She wants to take up swimming because it is gentle on the joints and will help her build up the range of motion in her arms after her mastectomy.

Her friends and family have buoyed her in every way. In May, nine friends ran in the annual Komen Race for the Cure in her honor, raising more than \$5,000. Another group of nine friends and co-workers trudged through the 60-mile Susan G. Komen 3-Day for the Cure in August, raising \$30,000 for research.

Malley organized a support group meeting for young cancer survivors like herself at the Karmanos Institute's Weisberg Cancer Treatment Center in Farmington Hills, Mich., with Kathleen Hardy, an oncology social worker, as facilitator.

"The issues are so different when you're young," said Hardy. "As much as family and friends love and care for you and support you in every way, they don't really get it in the same way as the others with cancer get it."

Hardy said numerous studies show the benefit of support groups.

"The quality of their life is better. They have less side effects. They share a lot of practical information, feel less alone, feel less frightened," Hardy said.

Hardy counsels her Stage 4 patients to think of the diagnosis as a chronic illness rather than a death sentence.

"The encouraging thing is that over the last five or 10 years is that many new therapies have entered the field," said Flaherty. "We hope to see many in the next five or 10 years to personalize therapy better and for outcomes that are more favorable, even when they start out in an unfavorable circumstance."

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USU at UT-Arlington, 6:00 p.m.

Women's Bball

THURSDAY, FEB. 28
USU vs. LA Tech, 7:00 p.m.,
Dee Glen Smith Spectrum
SATURDAY, OCT. 13
USU at UT-Arlington, 6:00 p.m.,
Dee Glen Smith Spectrum

Gymnastics

FRIDAY, MAR. 1
USU at Sacramento State,
7:00 p.m.
MONDAY, MAR. 4
USU vs. BYU, 7:00 p.m.,
Dee Glen Smith Spectrum

Baseball

THURSDAY, FEB. 28
USU vs. Santa Cruz, 2:30 p.m.,
Mesquite, Nevada
FRIDAY, MAR. 1
USU vs. Western Oregon,
11:45 a.m., Mesquite, Nevada
USU vs. Montana, 2:30 p.m.,
SATURDAY, MAR. 2
USU vs. Oregon, 2:30 p.m.,

Softball

FRIDAY, MAR. 1
USU vs. New Mexico, 3:00 p.m.,
San Diego, Calif.
USU vs. San Diego, 5:30 p.m.
SATURDAY, MAR. 2
USU vs. SDSU, 5:30 p.m.,
San Diego, Calif.
USU vs. Fresno State, 8:00 p.m.,
SUNDAY, MAR. 3
USU vs. Boise State,
10:00 a.m., San Diego, Calif.

Women's Tennis

FRIDAY, MAR. 1
USU at Arizona State,
1:30 p.m., Tempe, Ariz.
SATURDAY, MAR. 2
USU at Arizona,
10:00 a.m., Tuscon, Ariz.

Track and Field

SATURDAY, MAR. 2
UW Final Qualifier,
All Day, Seattle, Wash.

AP Top 25 NCAA Basketball

RK	TEAM	RECORD	PTS
1	Indiana (64)	24-3	1,624
2	Gonzaga (1)	27-2	1,530
3	Duke	24-3	1,461
4	Michigan	23-4	1,411
5	Miami (FL)	22-4	1,317
6	Kansas	23-4	1,272
7	Georgetown	21-4	1,236
8	Florida	22-4	1,164
9	Mich. State	22-6	1,105
10	Louisville	22-5	1,047
11	Arizona	23-4	998
12	Syracuse	22-5	915
13	Kansas State	22-5	875
14	New Mexico	23-4	764
15	Okla. State	20-6	692
16	Ohio State	20-7	675
17	Wisconsin	19-8	558
18	Saint Louis	21-5	495
19	Memphis	24-3	453
20	Butler	22-6	351
21	Notre Dame	22-6	328
22	Marquette	19-7	317
23	Pittsburgh	21-7	158
24	Oregon	22-6	61
25	LA Tech	24-3	54

Homegrown recruits

A look at Utah State athletes shaped and molded in Cache Valley

BY MARK HOPKINS
sports senior writer

Sometimes the greatest talents are right under your nose.

Although Utah State student-athletes range from far and wide, quite a few hail from Cache Valley and close proximity to the school.

"I was around growing up here and I liked Utah State a whole lot," said Jordan Stone, a center for the men's basketball team. "I went to a lot of games and just loved it."

Stone, a sophomore from Smithfield, junior gymnast Christina Nye from Logan and sophomore tennis player Tanner Dance from Providence are three examples of local athletes who grew up around the university and couldn't say no to what it offered.

"I got offers to walk-on other places, but there was always kind of a special place in my heart for Utah State," said Nye, who competes in bars and floor for women's gymnastics. "They were like my idols, so I always wanted to be one of them because I watched them my whole life."

All three student-ath-

letes named their relationships with coaches as an important factor in their decision to attend USU.

"My family's from here, but also because Lukas Bouton was the assistant coach," Dance said. "He was another factor in me staying here. I liked his playing style and he was my coach during high school so I kind of wanted to continue with him."

Nye said she grew up as almost a younger member of the team.

"I practiced at the same place as the Aggies practiced, and so while I was growing up I got to watch them practice and watch them compete," she said. "My coach was their coach, so I got used to him coaching. I just grew up watching them and going to all the meets and supporting them."

Stone said the coaches and atmosphere were big selling points.

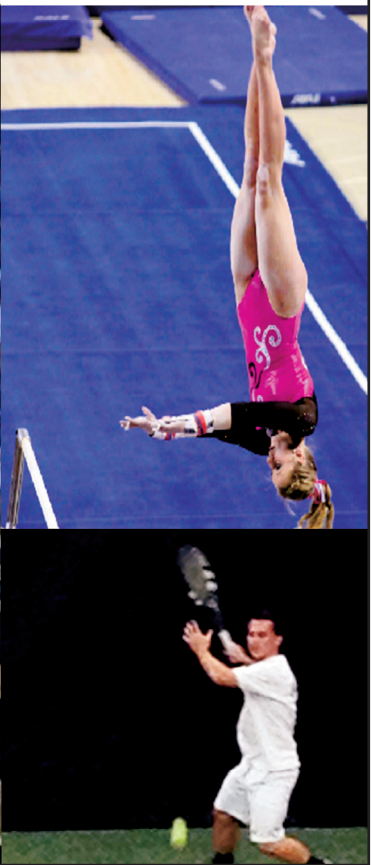
"Just growing up around here, the Spectrum's a fun place to play," he said. "I definitely wanted to do that. The coaches, altogether it was just a good option."

Although Utah State was his only offer, Stone

➤See LOCAL, Page 8



JORDAN STONE, CHRISTINA NYE AND TANNER DANCE compete in their respective sports for USU. Stone, Nye and Dance each represent a high school in the valley and took similar paths to play at USU. DELAYNE LOCKE graphic



MEN'S BASKETBALL

Aggies set to face LA Tech in Ruston



JUNIOR MARVIN JEAN scores during USU's win over Illinois State on Saturday. DELAYNE LOCKE photo

BY CURTIS LUNDSTROM
sports editor

With the regular season winding down, the Utah State men's basketball team hits the road for the final time for a pair of conference games on Thursday, Feb. 28 and Saturday, March 2.

"Obviously, this is a big challenge," said USU head coach Stew Morrill. "Both of these teams beat us at home. Louisiana Tech is undefeated (in conference play) and nationally ranked. UT Arlington has had some really bright moments this year and are tied with us for fourth in the league."

The No. 25 Bulldogs are 24-3 overall and are riding a 15-game winning streak. Sophomore guard Raheem Appleby averages a team-high 14.7 points per game but is the only player to average in double figures this season.

Louisiana Tech has

six players who average between 5.0 and 8.6 points per game.

"They play three 'five' guys," Morrill said. "They're just running guys in and out constantly, and it's hard to keep your match-ups. If you're playing changing defenses like we are and it's a couple possessions before you play man again, all of a sudden they've subbed in three or four guys and they're on the break. You have to really keep talking just to keep your match-ups. They play 11 guys, 11 minutes or more and that's pretty impressive."

The Aggies can run their streak of out-rebounding opponents to 11 straight when they travel to Ruston, but will face an athletic Bulldog team that ranks 21st nationally with 39.3 rebounds per game.

When the two teams met Jan. 26 in Logan, the Aggies out-rebounded the Bulldogs 50-31 but suffered a 51-48 loss after their second half

rally fell short. Appleby hit what proved to be the game-winning 3-pointer with a little more than a minute remaining.

USU struggled late in the game against Louisiana Tech's full-court press, something Morrill said will be key this time around.

"We were a little bit shaky. You can't be timid or tentative. You have to attack the thing, use your dribble," Morrill said. "A lot of times the press-breaker is not Xs and Os, it's personnel. It's guys being able to make the right plays against the press. Our point guards are gaining confidence. I think they'll be better against it than they were the other night and probably better than they were the last time we played them."

The Bulldogs are ranked second in the WAC in steals with 8.8 per game, as well as scoring defense having held opponents to 60.6

➤See AGGIES, Page 9

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CLUB SPORTS

Handball: Bringing home the hardware

BY CURTIS LUNDSTROM
sports editor

Rack up another pair of national titles for Utah State club athletes.

The Utah State club handball team traveled to Tempe, Ariz. for the 2013 USHA Collegiate National Championships, competing against 250 of the top-rated players in the country and bringing home two national titles — one in each a singles and doubles division — and an 11th place finish overall.

“We had three players play for the national championship in their divisions,” said USU coach Herm Olsen. “We’re talking blood, sweat and tears. These guys gave their all for Utah State. It was impressive.”

Senior Ryan Campbell was part of both titles, winning the Men’s Division 1B singles championship and another in the Men’s Division B doubles with fellow senior and partner Jon Larson.

Playing in his second

national tournament, Campbell cruised through the early rounds and into the final, allowing only one opponent to score in double digits. But in a grueling back-and-forth battle, Campbell defeated Isaac Garcia of UC-Santa Cruz 21-20, 14-21, 11-10.

Down 10-6 in the tie-break, Campbell broke Garcia’s serve and pulled off the come-from-behind victory with five consecutive points.

“It was just point for point,” Campbell said. “I thought he was going to get me, but I didn’t want to lose. (Coming from behind) was probably the best part. He had it in his head that the kid he was going to play was just going to give up, but I’ve never been that way.”

Not even blood would stop the Aggies.

During one doubles match, Larson split open his chin diving for a ball, but had his uncle sew stitches courtside so he could continue playing. The duo dominated their division, outscoring their opponents

210-70, or an average score of 21-7.

“It’s what every athlete dreams about, so to finally not only live the dream but to win it is amazing,” Larson said. “Ryan and I have been working at it together for three years. I had to quit my job to get enough hours on the court to feel like I was ready.”

Campbell and Larson, who both started playing handball in fall 2010, faced a tandem from the University of Limerick — a school in Ireland — in the final, cruising to a 21-5, 21-12 victory.

Fortunately for USU, Campbell and Larson both have a year of eligibility remaining and a shot to return to the national tournament and repeat as champions.

“We pretty much got embarrassed our first tournament,” Larson said. “We didn’t want that to happen again. That’s what motivated us to spend all the time preparing to go back this year.”

The Aggies sent 10 athletes to the national tournament, seven men and three women each paying their own way, and brought home the two titles and had another runner-up in Kim Butcher in the Women’s Division 1A bracket. It was Butcher’s third consecutive runner up finish, having moved up a bracket in each of her three years competing.

“It was tough, especially when I got inside my own head,” Butcher said. “I’m learning to go into more relaxed and not think too much about it or it throws me off. I like silver better than gold — the colors, not the place.”

The USU handball club has been around for the past six years, and Coach Olsen said the team is always looking for people to come join. There are two classes offered through the university, and safety goggles and gloves are available for those who don’t



SENIOR RYAN CAMPBELL competes during practice at the HPER building. Campbell helped USU win two national titles in Tempe, Ariz. *DELAYNE LOCKE photo*

have them.

Campbell said you can buy a good pair of goggles for around \$7 — around the same price as a handball — and gloves start at \$20. The team practices Mondays, Wednesdays and Fridays from 3 p.m. to 5:30 p.m. at the racquetball courts in the HPER building.

“If you’re thinking about playing, just come out and play,” Campbell said. “We all have a good time.”

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Twitter: [@CurtisLundstrom](https://twitter.com/CurtisLundstrom)



SENIOR JON LARSON sports his gloves and championship medal from a doubles title at the national tournament. *DELAYNE LOCKE photo*

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LOCAL: Valley natives

➤ From page 7

said he didn’t even consider playing anywhere else.

“I enjoyed playing in high school and had never actually thought about college until Utah State came around,” he said. “It was a cool thing, so I just went for it and Utah State was just an awesome choice.”

Stone said he began playing basketball in high school and was then surprised when the offer from his favorite school came.

“At the time I didn’t really think there was really the option to play in college. I hadn’t really thought about it at all,” he said. “My junior year came around and it was offered to me.”

Stone didn’t need much time to mull the offer over.

“It seemed like a pretty awesome thing and so I took it,” he said. “We talked one week and a week later I told them that I wanted to and that was about it. It was pretty fast.”

Nye said her decision was a little more difficult, but in the end she just wanted to be in Aggie blue.

“It was kind of a debate for me my senior year of high school between here and Southern Utah, because I had gone down there a lot and had gone to their camps, but I just decided to stay here,” Nye said. “I knew some of the girls on the team. I knew pretty much everything about Utah State, and so I just stayed here.”

Nye said injuries in high school slightly derailed her career, but the Aggies remained steady on their

offer.

“I came on to Utah State as a walk-on,” she said. “I was injured my junior and senior years, so they allowed me to walk-on here.”

Dance said top results at region and state tournaments caused Weber State to extend an offer to him, but already knowing Bouton and former head coach Christian Wright made his choice an easier one.

“Chris came and talked to me about being on the team,” Dance said. “It was fairly straightforward just kind of talking to me about it and so I just signed on with him. I didn’t have a scholarship or anything, so I kind of just walked on because he wanted me to play.”

The reasons for being an Aggie are ever increasing, he said.



“I like being here. I like the atmosphere. It’s been a good time playing on the team this year,” Dance said. “I just liked it here too, the valley, proximity to campus, my family being here. My parents and grandparents went to school here.”

All three are beginning to find their respective niches this year. Stone has seen leaps in playing time while becoming a force under the basket coming off the bench. Nye, though coming back from injury, has battled hard for the Aggies, and Dance has been a consistent performer at the No. 6 singles position.

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DEE GLEN SMITH SPECTRUM



JUNIOR JARRED SHAW FIGHTS OFF a pair of Illinois State defenders during the Aggies' win Saturday in an ESPN Bracketbuster matchup. *DELAYNE LOCKE photo*

AGGIES: Underdogs on the road

➤ From page 7

points per game. They're also tops in the WAC in scoring offense with 70.8 points per game. Morrill said the Aggies will need a strong start being on the road. "The reason we didn't start very well against LA

Tech at our place is because they're good. They caught us off-guard," Morrill said. "We were in the first week-end of trying to adjust to our limited roster. I think we've gotten better since then. We're quite a bit better offensively, but they're on their home court and they're going to play better than

they did here. It's going to take an awfully good effort to keep ourselves in the ball game." Tipoff in Ruston, La. is scheduled for 6 p.m.

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State your case:

*Who is the better overall draft pick?
Kerwynn Williams or Will Davis?*



LAST WEEK'S WINNER

BY MARK HOPKINS
sports senior writer

This pick is an easy one: Will Davis. While I'll admit to being a bigger Kerwynn Williams fan while they were Aggies, Davis has the potential to be an NFL starter while Kerwynn can be happy seeing his name on "Madden."

Though sometimes lost and often not too impressive during Utah State career, Davis put himself on the map with five interceptions in five games his senior year and was named a third-team All-American. With only two years at the Division I level, most teams are looking at him based on physical potential, of which he appears to have quite a bit.

At the recent NFL Draft Combine, Davis ran a 4.51 second 40-yard dash, won the cone drill among cornerbacks and placed third in the 20-yard shuffle. One of the few knocks he received was on strength, but that is by far the easiest problem to fix at the pro level.

Besides, the cornerback position is much easier to gain playing time at than running back with options such as nickel packages. Best case for Davis? Full-time starter. Best case for Kerwynn? Third-down back.

I hope the best for both players and know they'll both carry the Aggie name proudly.

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NEW CHALLENGER

BY ERIC JUNGBLUT
copy editor

Unless you played running back for an SEC school, you should prepare yourself for a career of making tackles at kick-off. Kerwynn Williams, however, will not have a career relegated to special teams duty. He is the better draft pick, and here's why.

Williams impressed at the NFL Combine with a 40-yard dash time of 4.48, good for third best out of a field of 15 running backs. While not very imposing at a towering 5'8" and 195 pounds, Williams is quick on his feet and will have safeties wondering what happened if he gets up to full speed.

Williams also scored in the top-tier with his vertical jump of 35 inches and his 20-yard shuttle of 4.15. He is a deadly dual-threat, and his WAC record in all-purpose yards should have NFL offensive coordinators salivating.

Let's be honest: Kerwynn will most likely spend his first few NFL seasons at third string while Will Davis will most likely get starting time. Davis will also be a higher pick. Still, a higher pick does not always guarantee success, and JaMarcus Russell is the only example I need to prove that.

Both will go to the NFL and do our school proud. Kerwynn, however, is the better pick. He will join the ranks of elite Las Vegas-native sports stars like Andre Agassi and Greg Maddux, and he won't need a high draft pick to do it.

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Jazz have work to do to compete at the next level

Mark Hopkins



Put the team on my back

Though I'm not the biggest gamer, I found my nitch in the arena of sports. Other than just demolishing all comers game by game, I discovered an often overlooked talent: running dominant dynasties. At the pro and college levels and in any sport, I could reel off championship after championship.

For those naysayers calling these successes a "virtual world," well, you may be right. But I believe it can also transfer to real life. So if I can get ten straight national championships with Utah State football, who's to say we can't help out the Utah Jazz front office a little?

In the past few years, the Jazz have begun to rebuild themselves piece by piece into a contender. Bad contracts and relationships ended the D-Will/Boozer/Sloan days, but it's safe to say they weren't winning championships back then either. Though a jaw drop-

per at the moment, picking up Derrick Favors in exchange for Deron "Coach-slayer" Williams isn't looking too bad, and the trade for Al Jefferson has worked out nicely, but the attitude of "staying put" and "patiently waiting" has long been a curse the Jazz need to get over.

The needs for Utah are pretty basic. Move some pieces in the loaded frontcourt, pick up a point guard and rely on a young core of Favors, Enes Kanter and Gordon Hayward. I was slightly bummed when nothing happened at the trade deadline. A Paul Millsap for Eric Bledsoe trade was in the works with the Clippers, but nothing happened. Bledsoe is a young point guard with loads of potential who would've fit in nicely, and it could have solved some unloading needs with the big men.

The problem isn't that the Jazz didn't do anything this once: It's what they're going to do now. Both Jefferson and Millsap will be free agents, which means the Jazz won't get anything for them if they walk. My recommendation would be to resign Al and, though it does hurt, let Millsap go. Jefferson is a shot-maker Utah can build around, while Millsap is hitting his potential

as an off-the-ball workhorse.

The next decision comes in the draft. Trey Burke of Michigan would be an excellent selection with his scoring abilities from the point. He should go high in the draft, but are the Jazz willing to do what it takes to win, A.K.A. trade up? If nothing comes up, there are a few possible free agents too. Mo Williams, with his status as a "chucker," just isn't going to win a lot of games, even if he does get healthy.

The basic issue for the Jazz is this: Where do they want to be in the playoffs? If just making it is the goal, then staying with this status quo will work, picking up anywhere from a six to an eight seed every year along with a first-round exit. If they want to move up, they need to take some risks and move on to the new core. There's definitely potential with the right moves.

— Mark is an obsessive Aggie fan who moonlights as an almost unbiased Statesman writer. He is majoring in business administration and preparing for medical school. Comment at m.hop@aggiemail.usu.edu or his blog, www.spectrumagic.blogspot.com.



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Social media isn't a campaign shortcut

Facebook is not the basis of good government. Yet many of the candidates in this year's election have offered social media as a solution to the disconnect between students and student government. It's come up in debates and in the candidates' written platforms.

ASUSU already has Facebook pages. There are Utah State University Student Involvement and Leadership, Utah State ASUSU and the USU Student Voice Think Tank, to name a few. Whether these pages are effective or not, creating additional pages probably won't reach more students.

Social media sites can be powerful tools to share information and bring people together, but they're not replacements for hard work. Yes, a few posts go viral for no apparent reason. Unless ASUSU electees are willing to embed their message in images of robot pirate ninja zombies or videos of cats burping the alphabet, however, promoting a forum for student discussion on Facebook will take a lot of elbow grease. We're not saying that a site dedicated to student concerns and grievances is a bad idea, we're saying that it will take a lot of planning, communication and promotion.

For many grievances — perhaps the most important grievances — Facebook or a similarly open site is a bad forum for discussion. Information about criminal or otherwise inappropriate behavior should be considered from several different angles before publication in any media. Will the information harm the victim? Are the allegations accurate? If not, someone may be culpable for libel. With the recent "Utah State University Confessions" Facebook page incident, we've seen what some students are willing to post online — pretty much anything. Some of the posts are harmless humor, some have started constructive conversations and some are downright creepy. But we've also seen what kind of heat information like that can bring from USU administration and police. An ASUSU officer connected with information like that would create a scandal.

While a Facebook page could be a great way to put issues on ASUSU's radar, it can't guarantee a representative picture of the student body's concerns. There are so many factors that can skew the tone and type of comments on a Facebook page — other comments on the page, the way the student was introduced to the site, whether the site is viewed on a desktop or a mobile device. You may find out what your friends think, or what Internet trolls think, but finding out what a larger section of the student body thinks is harder. For that, officers should turn to well-designed, statistically sound surveys.

Seeking input from a constituency is the mark of a good leader — but if your best plan is a Facebook page, it's time for a reality check.

Forum Letters

Help solve our inversion woes

To the editor:

In response to a lack of action on our air pollution problem by county and state officials, a group of faculty launched the "C. Arden Pope Clear the Air" contest for USU students. There are cash prizes for the best most creative ideas for reducing air pollution plus a poster contest. Deadline is 5 p.m. Friday, March 8. To learn more check out: [http://pinterest.com/susannejanecke/group-air-pollution-in-northern-utah-data-and-](http://pinterest.com/susannejanecke/group-air-pollution-in-northern-utah-data-and-idea/)

idea/. Submit entries to the Northern Utah Clear the Air Facebook page: [facebook.com/NorthernUtahClearTheAir](https://www.facebook.com/NorthernUtahClearTheAir). Be part of the solution!

To donate to the prize fund (money goes straight to the student winners like a scholarship): Send checks to Utah State University (write in memo line: Clear the Air Contest) to USU VP for Business and Finance, UMC 1445. Donate by credit card at www.usu.edu/giving and choose "Other" and specify "Clear the Air."

Jean Lown



Debating the ultimate question



Richard Winters

Common Sense

Often on a university campus, the most important debate of all arises: Is there a God? Likewise, is it logical to believe in one? Is it rational? Does it conflict with science? Does it even matter? Have we evolved and advanced past the point of these questions? These are all good questions that require good people with good answers. In my case, I have no intention of preaching, but rather of expressing a few thoughts in a calm, rational and logical manner. Despite my own inadequacy, I hope many of us will find value and possibly even ask ourselves some difficult questions. I'm even more hopeful that some of us will seek for the answers.

In our quest, we may look to men such as John Locke, the writings of whom much of our country's history is founded upon, including influence on the Declaration of Independence. Thomas Aquinas, a powerfully influential philosopher from the 13th century. And of course, Rene Descartes, the man who dramatically and forever impacted our mathematical system with the Cartesian plane. There are many more, but what I find interesting is each of these very famous and highly influential men tried very hard to prove the existence of God through philosophy. Aquinas tried to prove the existence of God and the nature of the soul through sensory experience; Descartes through incredibly deep rationalization and reasoning. Locke in many ways accepts it as simple fact and uses empirical — verifiable — observation and experience to support the claim. It is true

some other philosophers were agnostic, but the fact remains that many of the greatest historical impacts upon philosophy have come through people trying to discover and prove the existence of God. Of course, there is no question we could also look to many of the founders of this country, most of whom believed devoutly in a creator who had a divine role in the founding of our nation.

We may believe in evolution as a scientific plausibility to explain certain phenomena. Darwin found finches change over time due to natural selection as per their environment. I don't dispute that. But where does a finch come from? Where does this planet come from and where do we come from? Certain scientists say it is all the product of impalpable chance, a sort of Big Bang. Evolutionists often argue we are only slightly more advanced than the lesser animal kingdom. This idea is much less ennobling than the idea that we are "created in God's image." Imagine the pain and human misery that could be avoided if we all understood we have more in common with God than with a gorilla.

Now suppose we arrived on another planet and found something similar to an iPad. Surely, even the most morally confused would not assume it was created by chance, however infinitesimally small. We would immediately begin to search for the intelligent designer who created it. Why? Because its vast complexities and designs require a steady, intelligent hand to put it in such functional order. Now, take a moment to realize the very eyes that are reading this paper are infinitely more complicated and organized than an iPad. Your digestive system, pulmonary system, respiratory system and every other system are stunningly intricate and flawlessly organized. Not only are they each individually more complex and per-

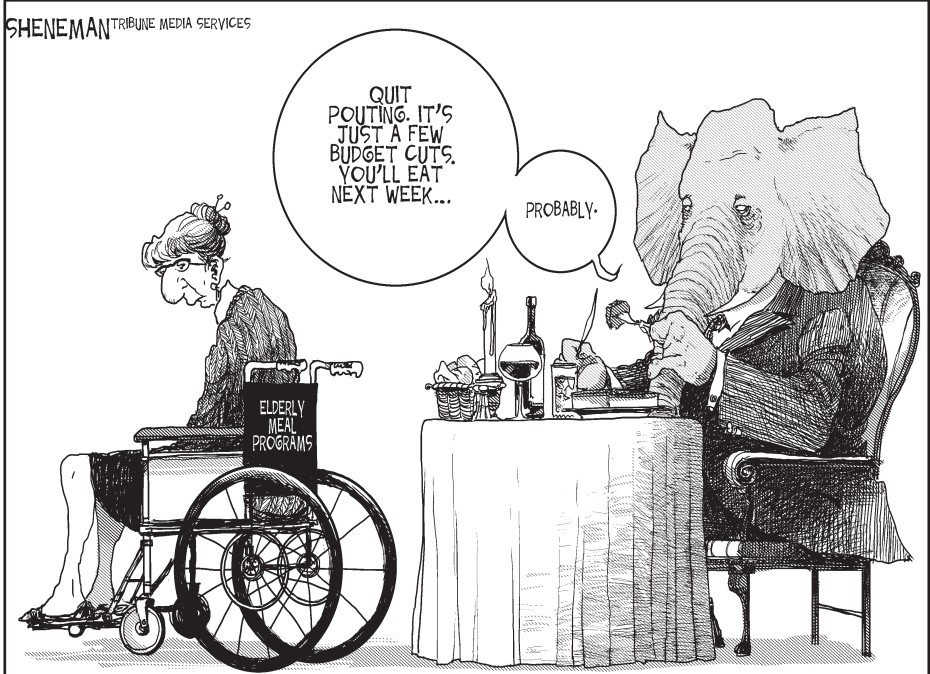
fect than an iPad, but they all work together in incredible harmony. It is true that disease and bodily imperfections are present in this world, but the reasons why require a much deeper and more significant conversation, one far more involved than a single newspaper column can effectively provide.

Now put yourself in the shoes of the astronomer who studies the orbit of the moon and stars. Everything is in perfect balance. If Earth were not held consistently in just the right place, then temperatures would fluctuate so much that life would be virtually unsustainable. What would we ever do without the moon? When we really truly and honestly ponder the vast complexities and perfect order of our universe, we find it to be a greater leap of faith to deny the existence of God than to believe He designs and directs it all.

This is exactly what happened to Francis Collins, the man who was primarily in charge of mapping the human genome project. He started as a stark atheist and ended as a deeply committed Christian. He said, "To get our universe, with all of its potential for complexities or any kind of potential for any kind of life-form, everything has to be precisely defined on this knife edge of improbability ... You have to see the hands of a creator who set the parameters to be just so because the creator was interested in something a little more complicated than random particles."

Philosophers, the founding fathers, geneticists, mathematicians and now a fellow student at Utah State University firmly declare God lives. He is real. All of existence testifies of Him and logic and reason defy any other thought.

—Richard Winters is a senior majoring in Law and Constitution Studies and Communication Studies. Send comments to rajin82@hotmail.com



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• Letters should be limited to 400 words.

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• Letters must be topic oriented. They may not be directed toward individuals. Any letter directed to a specific individual may be edited or not printed.

• No anonymous letters will be published. Writers must sign all letters and include a phone number or e-mail address as well as a student identification number (none of which is published). Letters will not be printed without this verification.

• Letters representing groups — or more than one individual — must have a singular representative clearly stated, with all necessary identification information.

• Writers must wait 21 days before submitting successive letters — no exceptions.

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IC•ER: (adj.) 'i-s-er\

1. Term given to that guy/girl that interrupts a conversation, just when you are about to ask someone out.

2. Taken from football. i.e. "ice the kicker"

Non Sequitur • Willey

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ANSWERS ELSEWHERE IN THIS ISSUE!

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CrossWord Puzzler

Los Angeles Times Daily Crossword Puzzle
Edited by Rich Norris and Joyce Lewis

ACROSS

1 Not interesting
7 Real heel
10 German exports
14 Beau coup
15 Eight-time Norris Trophy winner
16 Bit attachment
17 "Largest port in NW Africa"
19 "Black Beauty" author Sewall
20 Metric distances: Abbr.
21 Athos, to Porthos
22 Word with dark or gray
24 "Warrior's cry"
27 Hersey novel setting
30 Rob Roy's refusal
31 Four-time Grammy winner Lovett
32 "Picnic side dish"
35 23-Down's div.
37 As found
38 Pupil surrounder
41 Ft. Worth campus
42 "Knocking sound"
46 Australian six-footers
49 Punching tool
50 "SNL" alum Mike
51 "Delighted"
54 Animals who like to float on their back
55 Female hare
56 "Hardly!"
59 Violin holder
60 "Island nation in the Indian Ocean"
64 A sweatshirt may have one
65 Rocker Rose
66 Sedative
67 Overnight lodging choices
68 Low grade
69 Incursions ... or, phonetically, what the answers to starred clues contain

DOWN

1 With 2-Down, "Rio Lobo" actor
2 See 1-Down
3 ... stick; incense
4 Hagen often mentioned on "Inside the Actors Studio"
5 Head, slangily
6 Key of Beethoven's "Emperor" concerto
7 Funnel-shaped
8 Compass-aided curve
9 Pulitzer category
10 Like a spoiled kid, often
11 Unwritten reminder
12 Cab storage site
13 Hunted Carroll creature
18 Microwave maker
23 Braves, on scoreboards
24 Against
25 Exactly
26 Mauna
27 "Whoso diggeth ... shall fall therein": Proverbs
28 Fundraiser with steps?

By Mark Bickham

29 Thing taken for granted
33 California's Big
34 Not dis?
36 Chow
39 Avatar of Vishnu
40 Wd. derivation
43 Some Duracells
44 Silly talk
45 Foil maker
47 Capsizes
48 Neighbor of Isr.

51 ___ Minh
52 Comparable to a March hare
53 Words with lamb or mutton
56 School sports org.
57 Like Cheerios
58 Half of seis
61 Fire truck item
62 G.I.'s mail drop
63 Paul McCartney, for one

The USU Back Burner



Today is Thursday, Feb. 28, 2013.

Today's issue of The Utah Statesman is published especially for Juel Odulio a sophomore from Portland, Maine studying nursing.

Almanac

Today in History: On this day in 1953, scientists James D. Watson and Frances H.C. Crick announce that they have determined the double-helix structure of DNA, the molecule containing human genes. Among the developments that followed directly from the discovery were pre-natal screening for disease genes; the rational design of treatments for diseases such as AIDS; and the accurate testing of physical evidence in forensics.

Weather

High: 29° Low: 22°
Skies: Partly cloudy.
Chance of precipitation: 10 percent
Humidity: 65 percent



Thursday Feb 28

- International Language Programs Information Meeting, TSC 335 11:30-7:30 p.m.
- Healthy Sexuality Workshop (4), TSC 310B 12-1:30 p.m.
- Mindfulness Workshop, TSC 310B 4:45-5:45 p.m.
- Women's Basketball vs. Louisiana Tech, Spectrum 7-9 p.m.
- USU Yarncraft Guild, TSC Juniper Lounge 7-9 p.m.
- 007 Skyfall, TSC Ballroom 8-11 p.m.
- Campus Cook-Off, HUB 11:30-1:30 p.m.

Friday March 1

- Classes Added by Petition Only (Charged \$100 Late-Add fee per class)
- 40th Annual "Echoing Traditional Ways" Pow Wow, Fieldhouse 7-11 p.m.

Saturday March 2

- 40th Annual "Echoing Traditional Ways" Pow Wow, Fieldhouse 12-11 p.m.
- Cache County Science and Engineering Fair, HPER 12:30-3:30 p.m.
- Women's Basketball vs. UT Arlington, Spectrum 7-9 p.m.
- Annual African Banquet, TSC Ballroom 7-9 ;30 p.m.

Monday March 4

- Italian Club, Old Main 5:30-6:30 p.m.
- Navigating a Crisis of Faith Workshop, TSC 310B, 4:30-6 p.m.

Tuesday March 5

- Making it Through Hard Times Workshop, TSC 310, 2-3:30 p.m.
- Flute Studio Recital, Twain Tippetts Exhibition Hall, 7:30-8:30 p.m.

Wednesday March 6

- Annual Spring Book Sale, Library 9 a.m.
- Eating Disorder Awareness Week Q&A Panel, TSC Auditorium 11:30-12:45 p.m.
- The Joy of Depression Workshop, TSC 310B 11:30-12:30 p.m.
- Friends of the Merrill-Cazier Library Spring Lecture, Library 101, 7-8:30 p.m.

FYI:

On Feb. 28 USU's Alumni Association will be hosting an event on campus called Love a Donor Day. Booths will be set up from 9-2 p.m. in Library RM 101, outside the ballroom on the 2nd Floor of the TSC, and at the Alumni Center for students to **write a quick thank you** note to some of USU's donors. Everyone that writes a thank you note will be entered into a drawing to win prizes donated by local businesses.

Come to the Institute cultural center between 10 a.m. and 2 p.m. on Feb. 28 for **free food**. Bring your friends.

Effective Coping Workshop: This workshop is designed to help students cope more effectively with **the challenges of college life** while they prepare for counseling. Open to all students and staff, this workshop surveys common concerns and presenting issues, as well as a model for reviewing thoughts, feelings and needs. It also provides practice for value clarification and basic behavior change to help students cope. Participants will be encouraged to read brief articles and keep a one page journal of change. Feb. 27 from 11:30-12:30 p.m. TSC Room 310 B. Please call 435-797-1012 to reserve a seat.

USU Theater Student, Gwendolyn Dattage directs Top of Utah Entertainment's latest production, **"The Murder Room."** Show times are Feb. 28, Mar. 1-2 and Mar. 4-5 with a matinee on the 2nd. The show will be at 7:30 p.m. and 2 p.m. for the matinee. For ticket reservation or for more information, please call 435-797-8022 or visit arts.usu.edu. Performances will be at the Caine Lyric Theatre in downtown Logan. Tickets are \$15 for adults and \$12 for students

The African Student Association is organizing the event: **Annual African Banquet 2013** — Celebrate Our Africa. This event will take place on Mar. 2 at 7:00 p.m. Doors open at 6:30 p.m. The price is \$12 Students and \$15 Non-Students. This price includes a show and dinner. There will be performances from AFSA's own members, from Idaho

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State University and from the Utah's own "Burundi Drummers". Some of the proceeds from this event will be donated to the English Learning Center (ELC) here in Logan.

Take your mind on spring break for only 25 cents. From beach reading to scholarly texts, there's something for everyone. The book sale will be in the Merrill-Cazier Library atrium Mar. 6-8. **Sale starts at 9 a.m.** on Wednesday and ends at 3 p.m. on Friday. You will find something to entertain, feed, or boggle your mind from our diverse collection.

The **Fly Fishing Film Tour** is an annual festival showcasing the world's finest outdoor film. The event will take place Mar. 15 in the USU Taggart Student Center at 7 p.m. All ticket sales to benefit local stream conservation efforts. Tickets online at flyfilmntour.com or at Round Rocks Fly Fishing (530 S. Main St. Logan).

More Calendar and FYI listings, Interactive Calendar and Comics at

The **Utah Statesman**

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Case of 24 \$30.00 4 for \$5 Western Family 12 oz. Assortment Frozen Orange Juice	Case of 8 \$13.36 3 for \$5 Western Family 64 oz. Apple Juice or Cider	Case of 24 \$8.00 3 for \$1 Shur-Saving 11 oz. Mandarin Oranges	Case of 12 \$8.28 69¢ Kraft Handi Snack Packs	Case of 24 \$11.76 49¢ Campbell's 10.75 oz. Tomato or Chicken Noodle Soup	Case of 30 \$9.70 \$1.99 Western Family 1 lb. pkg. Salted or Unsalted Butter	Case of 24 \$14.16 59¢ Campbell's 15 oz. Original SpaghettiOs

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